

MANAGING THE HOLIDAYS

The holiday season is a time when many of our families come together to Celebrate and cherish one another. However, the season can be a particularly challenging and emotional time for those who are grieving or have lost a loved one. This workshop will provide you practical tips and thoughts to help you manage the holidays without your loved one.

Associates in Behavioral Science

6201 W Cermak, 2nd Floor
Berwyn, IL 60402

Tuesday 12/26 6:30-7:30pm
Saturday 12/9 12-1pm

Alden Estates of Orland Park

16450 S 97th Ave. (Vogel Room)
Orland Park, IL 60464

Wednesday 12/6 6:30-7:30pm

Oak Roots Dynamic

675 N North Court, Suite 272
Palatine, IL 60067

Sunday 11/26 11am-12pm

Programs are FREE OF CHARGE but REGISTRATION IS REQUIRED.

For more information or to register, contact Robin at 630-317-3341.